Our Home Education Rhythm

Family name _____ **Term or season** _____

1 Our daily anchors

1. **Time** _____ **What happens** _____ *e.g. breakfast*
2. **Time** _____ **What happens** _____ *e.g. read-aloud*
3. **Time** _____ **What happens** _____ *e.g. outdoors*
4. **Time** _____ **What happens** _____ *e.g. lunch*

2 Our week

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning					
Afternoon					
Out or home?	○ Out ○ Home	○ Out ○ Home	○ Out ○ Home	○ Out ○ Home	○ Out ○ Home

3 Our must-dos

1. _____ *e.g. reading*
2. _____ *e.g. something numerate*
3. _____ *e.g. something outside*

4 Our minimum day

- ☐ **Read together**
- ☐ **A bit of maths**
- ☐ **Something outside**

Done. That counts.

5 Review in four weeks

Keep _____

Drop _____

A rhythm is not a timetable. Change it whenever it stops working.