The Records Catch-Up Planner

Rebuild what you did from photos, receipts and memory, then keep a tiny weekly habit.

Child _____ **Period I am covering** _____ **Date written** _____

1 Where to look

- ☐ Camera roll
- ☐ Diary or calendar
- ☐ Emails and receipts
- ☐ Library and app history
- ☐ Shelves and boxes
- ☐ My child's work
- ☐ Group chats
- ☐ Certificates and badges

2 Month-by-month rebuild

Month	Read or listened to	Wrote, made or built	Explored	Practised

3 Ask my child

What was the best thing we did?

_____

What did you read that you liked?

_____

What do you know now that you did not know before?

_____

4 My weekly habit

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☐	☐	☐	☐	☐	☐	☐

Friday three bullets

- _____
- _____
- _____

Written from memory and records. Say when. Never backdate.